Simposio REHA TICINO

Venerdi, 30 settembre 2022, dalle 8.30 alle 17.00 Sala congressuale, Palazzo Sopracenerina Piazza Grande, Locarno La mancanza di personale qualificato nella riabilitazione:
Quali sono le sfide per il settore formativo?

Posizionamento della medicina riabilitativa all'interno della formazione universitaria – l'esempio dell'Italia

Prof. Mauro Zampolini, Presidente UEMS-PRM Direttore del dipartimento di riabilitazione, USL Umbria 2, Foligno

Schema della presentazione

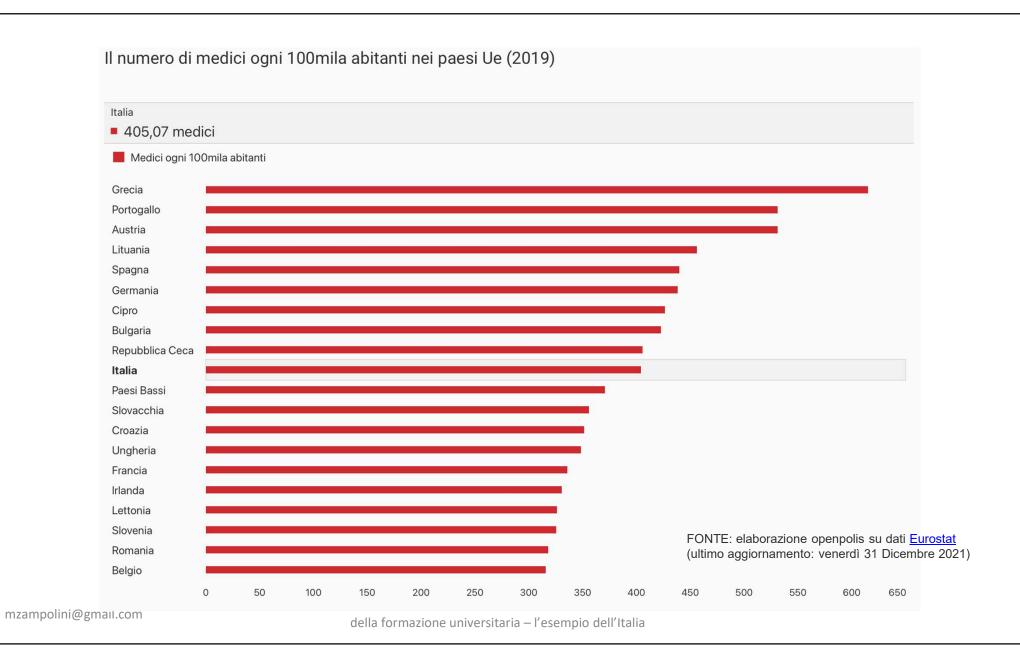
Posizionamento dell'Italia rispetto al numero dei medici

Il contesto Italiano della riabilitazione

Gli specialisti in PRM in Italia

L'organizzazione della formazione universitaria in Italia

Il contesto europeo e le prospettive di sviluppo



THE ITALIAN CONTEXT



Piano d'indirizzo per la Riabilitazione

Gruppo di Lavoro sulla Riabilitazione

Ministero della Salute

Roma, 06 Ottobre 2010

Key references

- WHO WHA58.23 Resolution on Disability, including prevention, management and rehabilitation.
- ICF 2002 International Classification of Functioning Disability and Health.
- Madrid Conference 2002 European Year of the Disabled.
- WHO, ILO, UNESCO 2004, Community Based Rehabilitation.
- WHO 2006 Convention on the Rights of the Disabled (L.18 03/03/2009)
- DAR Action Plan 2006 2011





EUR J PHYS REHABIL MED 2011;47:621-38

Rehabilitation National Plan: an Italian Act



THE ITALIAN CONTEXT

Statement

« Rehabilitation is a medical discipline, that is

- scientifically sound
- socially relevant
- economically sustainable »





BREAKTHROUGH ISSUES

(with respect to the 1998 decree)

- Bio-Psycho-Social model (ICF)
- Delivery of Appropriate care and rehabilitation (the right treatment to the right person in the right setting at the right time for the right duration)
- Integrated rehabilitation pathway rehab network (continuum of care from the acute ward to intensive inpatient rehab, to extensive outpatient rehab / home rehab, to community integration or long-term institutional care for the severely disabled)
- Clinical government Rehabilitation department
- Interdisciplinary approach
- Involvement of patients and carers



The IRP focuses on the needs of the disabled person as a whole, It aims to set appropriate and achievable goals both in the medium and long term, exploiting the contributions by an interdisciplinary team

Posizionamento della medicina riabilitativa all'interno della formazione universitaria – l'esempio dell'Italia



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THE REHABILITATION TEAM

PRM physicians

(120 trainees/year)



NON-medical rehabilitation health professionals (Ministry decree 29 marzo 2001)

PT, OT, ST, ...

(3000 trainees/year)

Caregivers

(...millions ???)

Other NON -health professionals with an education in rehabilitation

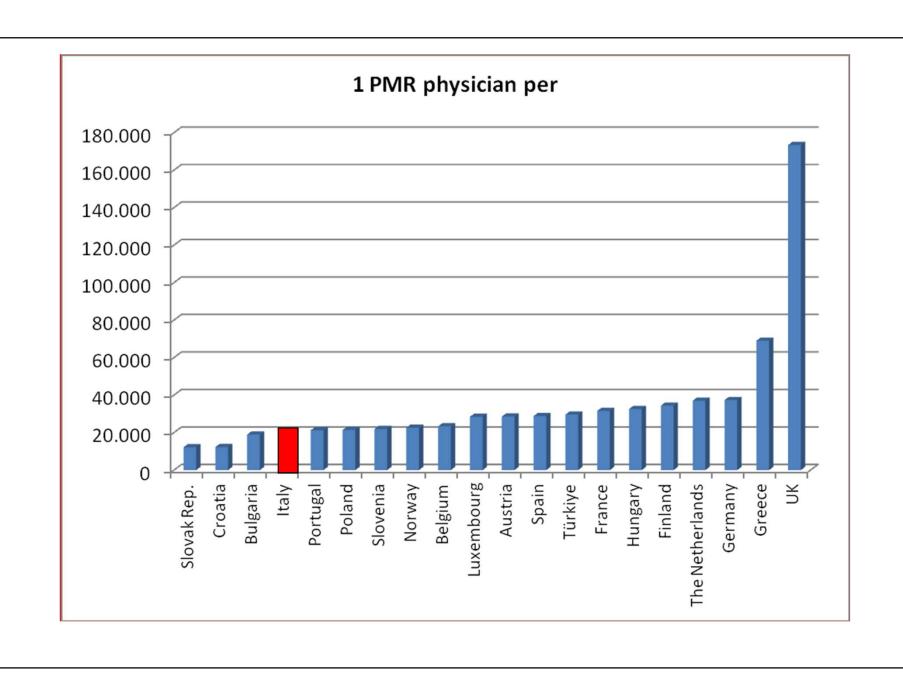
Sports experts, PE teachers, trainers,...

(3400 trainees/year)

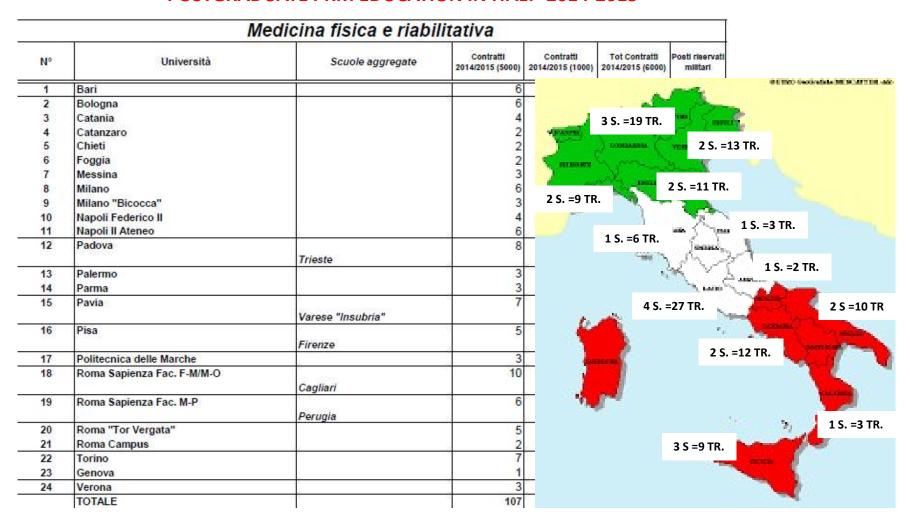
NUMBER OF SPECIALISTS IN EUROPE 2011-2012.

(courtesy of Prof.Fitnat Dincer)

| | Population (millions) | PRM Specialist | EBPRM Cert. | 1 PRM Per |
|------------------------|------------------------|----------------|-------------|-----------|
| Austria | 8,3 | 291 | 54 | 28.522 |
| Belgium | 10,5 | 450 | | 23.333 |
| Bosnia and Herzegovina | 4 | 110 | | 36.363 |
| Bulgaria | 7,2 | 380 | 2 | 18.947 |
| Croatia | 4,2 | 396 | | 10.606 |
| Estonia | 1,6 | 90 | 5 | 17.777 |
| Finland | 5,5 | 160 | | 34.375 |
| France | 60 | 1.900 | | 31.578 |
| Germany | 81,8 | 2.191 | 60 | 37.334 |
| Greece | 10,9 | 158 | 81 | 68.987 |
| Hungary | 10 | 307 | 12 | 32.573 |
| Ireland | 4,7 | 8 | | 587.500 |
| Italy | 60 | 3.000 | 100 | 20.000 |
| Luxembourg | 0,5 | 18 | | 27.777 |
| Macedonia | 2 | 130 | | 15.384 |
| Norway | 4,9 | 250 | 1 | 19.600 |
| Poland | 38,5 | 1.798 | 1 | 21.412 |
| Portugal | 10 | 470 | 38 | 21.276 |
| Romania | 22 | 770 | 11 | 28.571 |
| Slovak Rep. | 5,4 | 445 | | 12.134 |
| Slovenia | 2,1 | 96 | 39 | 21.875 |
| Spain | 46,1 | 1.600 | 245 | 28.812 |
| Switzerland | 7,8 | 288 | 139 | 27.083 |
| The Netherlands | 16,5 | 446 | | 36.995 |
| Türkiye | 73,7 | 1.673 | 123 | 44.052 |
| UK | 60,7 | 350 | | 173.428 |
| TOTAL | 558,9 | 17775 | 911 | |

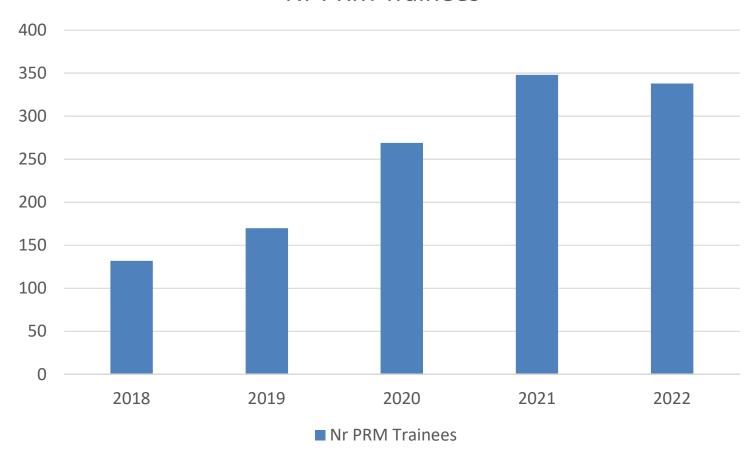


POSTGRADUATE PRM EDUCATION IN ITALY 2014-2015



TOTAL: 24 POSTGRADUATE PRM TRAINING UNITS = 127 TRAINEES

Nr PRM Trainees



Posizionamento della medicina riabilitativa all'interno della formazione universitaria – l'esempio dell'Italia

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POSTGRADUATE PRM EDUCATION IN ITALY KEY ELEMENTS

- PRM education is available for the Undergraduate medical students
 usually on the 5th year
 consisting of 10 hour lectures (on average) and 1 week rotation in the rehab dept.
- Postgraduate PRM training lasts 4 years
- There is an entry examination (competitive exam) based on specific knowledge;
 a few credits are assigned to the undergraduate curriculum

Compulsory training - rotations

(in addition to the training in PRM dept.)

Orthopedics (4 weeks)
Neurology or stroke unit (4 weeks)
Cardiology and Pneumology (4 weeks)
Oncology (4 weeks)
Geriatrics (4 weeks)
Anesthesiology and Reanimation (4 weeks)
Radiology (4 weeks)
Community rehabilitation (4 weeks)



POSTGRADUATE PRM EDUCATION IN ITALY KEY ELEMENTS

STANDARD LEVEL OF TRAINING

(SKILLS TO BE ACHIEVED TO BE CERTIFIED AS PRM SPECIALIST)

Trainees have to take part in the following activities and practice on their own at least in 50% cases:

- 30 electrodiagnostic examinations (EMG-ENG);
- 30 muscle-joint US examinations
- 30 Evoked potentials (motor, somatosensory, visual or brainstem)
- 10 Urodynamic assessments
- 50 Joint manipulations
- 40 Intra-articular injections
- 200 Instrumental assessments among: posturography, gait analysis, spirometry, metabolic tests
- 200 Clinical and functional assessment through validated outcome scales
- 30 Neuropsychological assessment of cognitive functions
- 100 Assessment and prescription of aids, orthoses and prosthesis
- 50 Rehabilitation project completion, consisting of functional and medical history collection, clinical and functional examination, functional prognosis, indication of rehabilitation aims and selection of rehabilitation interventions.

The following DISABILITY DOMAINS should be covered:

15 cases with severe brain injuries
15 cases with spine injuries,
50 cases with neurological disabilities,
100 cases with orthopedic disabilities
20 cases with multiple neurological and skeletal
traumatism
5 cases with congenital diseases
30 cases with developmental motor / cognitive
impairment

CLINICAL RESEARCH

They should take part in (at least)

- 4 research projects with publication of results in indexed journals
- 4 national or international congresses



THE ROLE OF THE EUROPEAN PRM BOARD

In line with the aims of the UEMS, the European PRM Board aims to promote patient safety and quality of care through the development of the highest standards of medical training and health care across Europe and the harmonisation of PRM specialists' qualifications.



http://www.whitebookprm.eu

White Book of PRM in Europe. Chapter 9 – Education and continuous professional development: shaping the future of PRM



PRACTICE OF PHYSICAL AND REHABILITATION MEDICINE IN EUROPE

White Book on Physical and Rehabilitation Medicine (PRM) in Europe. Chapter 9. Education and continuous professional development: shaping the future of PRM

European Physical and Rehabilitation Medicine Bodies Alliance



In the context of the White Book of Physical and Rehabilitation Medicine (PRM), this paper deals with the education of PRM physicians in Eu-rope. To acquire the wide field of compessues needed, specialists in Physical and Rehabilitation Medicine have to undergo a well organised and appropriately structured training of adequate duration. In fact they are required to develop not only medical knowledge, but also compessues in patient care, specific procedural skills, and attitudes towards interpersonal relationship and communication, profound understanding of the main principles of medical ethics and public health, ability to apply policies of care and prevention for disabled people, capacity to master strategies principles of medical fullics and public health, ability to apply policies of care and provention for diabled people, capacity to master strategies of restategration of diabled people into toocity, apply principles of quality assurance and promotion a practice-based continuous professional development. This paper provides updated detailed information about the schucation and training of specialists, delivers recommendations concerning the standards required at a European EVAL, in agreement with the UEMS rules of creating a Common Training removed, that consists of a common state of a European EVAL Board is highlighted as a body similar and security the highest training and the surrounded and the state of the European EVAL Board is highlighted as a body similar at security that highlighted in the production of the European EVAL Board is highlighted as a body similar and security that the event of the European EVAL Board is highlighted as a body small security. The event of the European EVAL Board is highlighted as a body security that the security of the school of the event of the European EVAL Board is highlighted as a body and the school of the school of the security and the core competencies (training contonnes) to make a sufficient of the school of the security of the school of the security of the school of the school of the security of the school of the security of the school of the school

(Cite this article as: European Physical and Rahabilitation Medicine Bodies Alliance. White Book on Physical and Rahabilitation Medicine (PRM) in Europe. Chapter Education and continuous professional development: shaping the finure of PRM. Eur J Phys Rahabil Med 2018;54:279-36. DOI: 10.27376/S1979-3078.18.01313-0

Key words: Physical and Rehabilitation Medicine - Europe - Education, medical - Curriculum - Training

Introduction

The White Book (WB) of Physical and Rehabilita-I tion Medicine (PRM) in Europe is produced by the 4 European PRM Bodies and constitutes the reference book for PRM physicians in Europe. It has multiple values, including to provide a unifying framework for the European Countries, to inform decision-makers at the European and national level, to offer educational material for PRM trainees and physicians and information about PRM to the medical community, other rehabilitation professionals and the public. The WB states the importance of PRM specialty, that is a primary medical

specialty, structure and activities of PRM organizations in Europe, knowledge and skills of PRM physicians, the clinical field of competence of PRM, the place of PRM specialty in the healthcare system and society, education and continuous professional development of PRM physicians, specificities and challenges of science and research in PRM and challenges and perspectives for the future of PRM.

This chapter deals with the education of PRM physicians in Europe. Detailed information is provided about the education and training of medical specialists, discussing the standards required at a European level - even specialty. The contents include definitions and concepts if these are not (yet) the actual reality in all European of PRM, why rehabilitation is needed by individuals countries. Undergraduate training of medical students is and society, the fundamentals of PRM, history of PRM focused, being considered a mandatory element for the

The WB states the importance of PRM specialty, that is a primary medical specialty.

The contents include definitions and concepts of PRM, why rehabilitation is needed by individuals and society, the fundamentals of PRM, history of PRM specialty, structure and activities of PRM organizations in Europe, knowledge and skills of PRM physicians, the clinical field of competence of PRM, the place of PRM specialty in the healthcare system and society, education and continuous professional development of PRM physicians, specificities and challenges of science and research in PRM and challenges and perspectives for the future of PRM.

This Chapter answers the following MAIN question:

WHAT is needed to a physician to become (and remain) a Specialist in PRM?

(education and training requirements, core curriculum of theoretical knowledge and main competencies, skills and attitudes)





Training duration

Although the mean duration of all specialties training in Europe has increased in the period 1989-2013, there is a trend, at the moment, in several European countries, towards decreasing the duration of the medical specialty training for economic and societal accountability reasons.

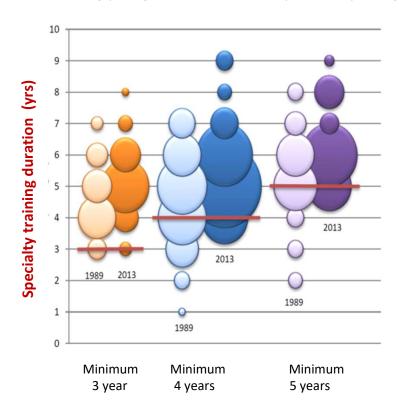
The PRM educational program in Europe is usually configured in 48-month format, rising up to 72 months in some countries, including a minimum 36 months of clinical training (of which 24 months spent in a PRM department).......

.....the PRM Board advocates a duration of training of 60 months including 12 months rotations in external departments (like internal medicine, neurology, intensive care and others)

White Book of PRM in Europe.
Chapter 9 – Education and continuous professional
development: shaping the future of PRM

Distribution of specialties with legal course lasting at least 3, 4 or 5 years, respectively, across different European countries: results from two different surveys conducted in 1989 and 2013.

(See: Eindrapportage Quickscan Opleidingsduur en Bekostiging Medisch Specialistische Vervolgopleidingen in de EU. LSJ Medisch Projectbureau (april 2013)



May 27, 2022

Examination of the European Board of Physical and Rehabilitation Medicine, 2022

https://uems-prm.eu/examination-of-the-european-board-of-physical-and-rehabilitation-medicine-2022-registration-open/



Regional Committee for Europe

Tel Aviv. Israel. 12-14 September 2022

European Region

EUR/RC72/7 Provisional agenda item 5 1 August 2022 | 220523

ORIGINAL: ENGLISH

The WHO European framework for action to achieve the highest attainable standard of health for persons with disabilities 2022–2030

- 13. WHO/Europe is committed to achieving universal health coverage, ensuring that all people across the Region have access to health care, as outlined in the EPW. The accomplishment of this objective will ensure that persons with disabilities have access to affordable, timely, relevant and good-quality health services, both general and specialist, across primary, secondary and tertiary services, including community and in-home service delivery.
- 14. Strategic priorities:
- (a) Ensure that persons with disabilities and their families are treated with respect and dignity and that they are fully informed and empowered (including legally) to consent before any decisions about their health are taken.
- (b) Eliminate disability discrimination by removing all barriers to accessing and using health care services across the life course, and provide reasonable accommodations to accessibility when needed.
- (c) Strengthen health systems to deliver or coordinate rehabilitation, habilitation, assistive technology, assistance and support services (including peer support), and community-based rehabilitation.
- (d) Develop and/or reform health and disability laws, policies, strategies and plans for consistency with the United Nations Convention on the Rights of Persons with Disabilities.





Regional Committee for Europe

72nd session

Tel Aviv, Israel, 12-14 September 2022

EUR/RC72/R2 13 September 2022 | 220768 ORIGINAL: ENGLISH

Leveraging digital transformation for better health in Europe: Regional digital health action plan for the WHO European Region 2023–2030

Resolution

Conclusioni

- Il contesto economico condiziona l'offerta di posti disponibili per la specializzazione;
- Crescente domanda di riabilitazione
- Possibilità/rischio di passaggio di competenze mediche alle altre professioni
- Occorre una strategia europea per incrementare la qualità e professionalità in riabilitazione
- La medicina digitale come parte dell'organizzazione della riabilitazione



Backup

| N. | TIPOLOGIA DI SCUOLA | posti coperti con fondi statali 2021-2022 | posti aggiuntivi coperti con fondi regionali 2021-2022 | posti aggiuntivi coperti con fondi di altri Enti finanziatori pubblici e privati 2021-2022 | TOTALE posti coperti con fondi statali, regionali e altri Enti 2021-2022 | Posti riservati esigenze Sanità Militare 2021-2022 | Posti riservati esigenze Sanità Polizia di Stato 2021-2022 | Posti riservati esigenze Serv. San. Naz. 2021-2022 | TOTALE COMPLESSIVO PER TIPOLOGIA DI SCUOLA |
|----|--|---|---|--|---|---|---|---|---|
| 1 | ALLERGOLOGIA E IMMUNOLOGIA CLINICA | 85 | 5 | 0 | 90 | 0 | 0 | 6 | 96 |
| 2 | ANATOMIA PATOLOGIA | 160 | 16 | 2 | 178 | 0 | 0 | 4 | 182 |
| 3 | ANESTESIA E RIANIMAZIONE e t.i. e del d. | 1.139 | 82 | 3 | 1.224 | 0 | 0 | 24 | 1248 |
| 4 | AUDIOLOGIA E FONIATRIA | 20 | 3 | 0 | 23 | 0 | 0 | 1 | 24 |
| 5 | CARDIOCHIRURGIA | 87 | 5 | 0 | 92 | 0 | 0 | 0 | 92 |
| 6 | CHIRURGIA GENERALE | 623 | 26 | 0 | 649 | 1 | 0 | 7 | 657 |
| 7 | CHIRURGIA MAXILLO FACCIALE | 46 | 5 | 0 | 51 | 0 | 0 | 0 | 51 |
| 8 | CHIRURGIA PEDIATRICA | 38 | 8 | 0 | 46 | 0 | 0 | 1 | 47 |
| 9 | CHIRURGIA PLASTICA RICOSTRUTTIVA ED ESTETICA | 112 | 14 | 0 | 126 | 0 | 0 | 5 | 131 |
| 10 | CHIRURGIA TORACICA | 77 | 4 | 0 | 81 | 0 | 0 | 0 | 81 |
| 11 | CHIRURGIA VASCOLARE | 117 | 6 | 0 | 123 | 0 | 0 | 4 | 127 |
| 12 | DERMATOLOGIA E VENEREOLOGIA | 128 | 17 | 1 | 146 | 0 | 0 | 6 | 152 |
| 13 | EMATOLOGIA | 199 | 23 | 0 | 222 | 0 | 0 | 5 | 227 |
| 14 | ENDOCRINOLOGIA E MALATTIE DEL METABOLISMO | 186 | 25 | 0 | 211 | 0 | 0 | 4 | 215 |
| 15 | FARMACOLOGIA E TOSSICOLOGIA CLINICA | 94 | 4 | 0 | 98 | 0 | 0 | 1 | 99 |
| 16 | GENETICA MEDICA | 74 | 11 | 0 | 85 | 0 | 0 | 0 | 85 |
| 17 | GERIATRIA | 323 | 28 | 3 | 354 | 0 | 0 | 6 | 360 |
| 18 | GINECOLOGIA E OSTETRICIA | 513 | 18 | 1 | 532 | 2 | 0 | 1 | 535 |
| 19 | IGIENE E MEDICINA PREVENTIVA | 483 | 33 | 4 | 520 | 0 | 0 | 22 | 542 |
| 20 | MALATTIE DELL'APPARATO CARDIOVASCOLARE | 491 | 58 | 5 | 554 | 3 | 0 | 19 | 576 |
| 21 | MALATTIE DELL'APPARATO DIGERENTE | 186 | 34 | 2 | 222 | 0 | 0 | 4 | 226 |
| 22 | MALATTIE DELL'APPARATO RESPIRATORIO | 285 | 21 | 0 | 306 | 0 | 0 | 8 | 314 |
| 23 | MALATTIE INFETTIVE E TROPICALI | 278 | 41 | 0 | 319 | 0 | 0 | 7 | 326 |
| 24 | MEDICINA DEL LAVORO | 195 | 10 | 0 | 205 | 9 | 1 | 6 | 221 |
| 25 | MEDICINA DELLO SPORT E DELL'ESERCIZIO FISICO | 75 | 10 | 2 | 87 | 0 | 0 | 2 | 89 |
| 26 | MEDICINA DI EMERGENZA E URGENZA | 807 | 43 | 1 | 851 | 1 | 0 | 34 | 886 |
| 27 | MEDICINA DI COMUNITA' E DELLE CURE PRIMARIE | 112 | 26 | 0 | 138 | 0 | 0 | 4 | 142 |
| 28 | MEDICINA E CURE PALLIATIVE | 100 | 12 | 0 | 112 | 0 | 0 | 0 | 112 |

| | 1 | | | | | | | | |
|----|--|-----|----|---|-----|---|---|----|-----|
| 29 | MEDICINA FISICA E RIABILITATIVA | 322 | 6 | 2 | 330 | 0 | 0 | 8 | 338 |
| 30 | MEDICINA INTERNA | 621 | 41 | 0 | 662 | 1 | 0 | 10 | 673 |
| 31 | MEDICINA LEGALE | 151 | 7 | 0 | 158 | 3 | 2 | 8 | 171 |
| 32 | MEDICINA NUCLEARE | 85 | 5 | 0 | 90 | 0 | 0 | 4 | 94 |
| 33 | MEDICINA TERMALE | 3 | 0 | 0 | 3 | 0 | 0 | 0 | 3 |
| 34 | MICROBIOLOGIA E VIROLOGIA | 111 | 18 | 0 | 129 | 0 | 0 | 2 | 131 |
| 35 | NEFROLOGIA | 283 | 22 | 0 | 305 | 0 | 0 | 2 | 307 |
| 36 | NEUROCHIRURGIA | 102 | 4 | 0 | 106 | 0 | 0 | 1 | 107 |
| 37 | NEUROLOGIA | 286 | 28 | 4 | 318 | 1 | 0 | 3 | 322 |
| 38 | NEUROPSICHIATRIA INFANTILE | 251 | 27 | 0 | 278 | 0 | 0 | 5 | 283 |
| 39 | OFTALMOLOGIA | 199 | 20 | 0 | 219 | 2 | 0 | 16 | 237 |
| 40 | ONCOLOGIA MEDICA | 289 | 20 | 2 | 311 | 0 | 0 | 11 | 322 |
| 41 | ORTOPEDIA E TRAUMATOLOGIA | 460 | 32 | 5 | 497 | 3 | 0 | 10 | 510 |
| 42 | OTORINOLARINGOIATRIA | 170 | 7 | 0 | 177 | 4 | 0 | 4 | 185 |
| 43 | PATOLOGIA CLINICA E BIOCHIMICA CLINICA | 243 | 6 | 0 | 249 | 0 | 0 | 2 | 251 |
| 44 | PEDIATRIA | 778 | 49 | 0 | 827 | 0 | 0 | 14 | 841 |
| 45 | PSICHIATRIA | 476 | 39 | 1 | 516 | 4 | 0 | 2 | 522 |
| 46 | RADIODIAGNOSTICA | 539 | 29 | 0 | 568 | 3 | 0 | 13 | 584 |
| 47 | RADIOTERAPIA | 150 | 2 | 3 | 155 | 0 | 0 | 0 | 155 |
| 48 | REUMATOLOGIA | 105 | 13 | 0 | 118 | 0 | 0 | 6 | 124 |
| 49 | SCIENZA DELL'ALIMENTAZIONE | 60 | 5 | 0 | 65 | 0 | 0 | 6 | 71 |
| 50 | STATISTICA SANITARIA E BIOMETRIA | 29 | 3 | 0 | 32 | 0 | 0 | 1 | 33 |
| 51 | UROLOGIA | 254 | 13 | 0 | 267 | 0 | 0 | 4 | 271 |

| TOTALE COMPLESSIVO POSTI 2021-2022 | TOTALE posti coperti con fondi statali 2021-2022 | TOTALE posti aggiuntivi coperti con fondi regionali 2021-2022 | TOTALE posti aggiuntivi coperti con fondi di altri Enti finanziatori pubblici e privati 2021-2022 | TOTALE posti coperti con fondi statali, regionali e altri Enti 2021-2022 | TOTALE Posti riservati esigenze Sanità Militare 2021-2022 | TOTALE Posti riservati esigenze Sanità Polizia di Stato 2021-2022 | TOTALE Posti riservati esigenze Serv. San. Naz. 2021-2022 | TOTALE COMPLESSIVO 2021-2022 |
|---------------------------------------|---|---|---|---|---|---|---|------------------------------------|
| | 13.000 | 984 | 41 | 14.025 | 37 | 3 | 313 | 14.378 |



EDUCATION AND TRAINING

UNDERGRADUATE TRAINING Core knowledge of rehabilitation principles and PRM role

| а | The principles of PRM and the bio-psycho-social model of the international classification of functioning, disability and health; |
|---|--|
| b | The organisation and practice of PRM (acute and post-acute rehabilitation, as well as rehabilitation programmes for patients with chronic conditions); |
| С | The principles and aims of functional assessment and the main adverse factors of functional recovery |
| d | The principles and potential of physiotherapy, occupational therapy, (neuro)psychology, speech and language therapy and other rehabilitation therapies; |
| е | The principles and effects of drug treatments used to improve function, prevent complications, alleviate pain or any other source of discomfort; |
| f | Comprehensive rehabilitation programmes and their main indications; |
| g | The rehabilitative needs of patients with special conditions (e.g(e.g. stroke, traumatic brain injury, multiple trauma, spinal cord injury, low back pain, arthritis, cancer, etc.); |
| h | Knowledge of the social system and legislation concerning disability and rehabilitation at national level, as well as ethical and human rights issues in rehabilitation. |
| i | The principles of PRM and the bio-psycho-social model of the international classification of functioning, disability and health; |
| j | The organisation and practice of PRM (acute and post-acute rehabilitation, as well as rehabilitation programmes for patients with chronic conditions); |
| K | The principles and aims of functional assessment and the main adverse factors of functional recovery |
| ı | The principles and potential of physiotherapy, occupational therapy, (neuro)psychology, speech and language therapy and other rehabilitation therapies; |

EDUCATION AND TRAINING - Curriculum in PRM: main principles

- a clinical and instrumental assessment to determine the pathophysiology mechanisms and the underlying diagnosis of the patient's condition.
- **b** learning principles/neuroplasticity/repair/recovery
- functional assessment in the frame of ICF, including assessment of body function/structure impairment, assessment of activity limitation and participation restriction and discrimination between capacity and performance, based on the detection of contextual (personal characteristics) and environmental barriers/facilitators
- d implementation of clinical and instrumental assessment tools to explore motor, cognitive, behavioural and autonomic functions.
- e prognosis of disease/disability course, detection of adverse/favourable factors of functional recovery and definition of the means (ways) of recovery, compensation and adaptation
- devising and conducting a rehabilitation plan, through a team-based approach that consists of setting achievable short, medium and long-term goals, agreed with the patient and carers, and eventually leading to patient's reintegration in the community and improved quality of life;
- prescription, as much evidence-based as possible, of medical and physical treatments (including drug treatment, physical modalities, innovative technologies, natural factors and others), as well as of technical aids (orthotics, prosthetics, wheelchairs and others), effective to achieve the goals of the rehabilitation plan;
- **h** prevention and management of complications
- i leadership and teaching skills appropriate to coordinate and prioritize teamwork
 - communication skills appropriate to convey relevant information and explanations to the patient/carers, to colleagues in charge of the patient and other health
- j professionals with the objective of joint participation in the planning and implementation of continuous health care from the initial stage to the post-acute and steady state
 - commitment to carrying out professional responsibilities and adherence to ethical principles, demonstrating compassion, integrity, and respect for others;
- k responsiveness to patient needs, respect for patient privacy and autonomy, sensitivity and responsiveness to a diverse patient population, including but not limited to diversity in gender, age, culture, race, religion, disabilities, and sexual orientation
- I active cooperation with the public health agencies and other bodies involved in the health care system
- m identification of the health needs of the community and implementation of appropriate measures aimed at the preservation and promotion of health and healthy lifestyles and prevention of diseases
- n conducting a programme of therapeutic education for disabled people and caregivers.
- o participation in education of physicians and other professionals involved in care for disabled people.
- p implementation of cost awareness and risk-benefit analysis in patient and/or population-based care
- ability to improve the quality of professional work through continuous learning and self-assessment, managing practice and career with the aim of professional development
- r ability to apply the basic principles of research, including how research is conducted, evaluated, explained to patients, and applied to patient care